

Roman Catholic Rituals

BLESSING AT A CATHOLIC MEETING

*Heavenly Father,
Bless us as we come together in Your Name.
Send the Spirit of Jesus into our hearts
to guide us in our discussions
for the good of all.*

*Father,
we ask this grace
through Christ our Lord.*

Amen.

The Rituals

Some General Definitions

- A **ritual** is a set of actions, performed mainly for their symbolic value, which is prescribed by a religion or by the traditions of a community.
- In liturgy, **rubric** refers to instructions indicating actions to be performed rather than words to be said. Its name derives from the traditional practice of indicating these directions using red ink

Roman Missal

- The Introductory Rites
- The Liturgy of the Word – *Lectionary*
- The Liturgy of the Eucharist
- The Concluding Rites

Roman Ritual

- Rite of Christian Initiation of Adults
- Rite of Baptism for Children
- Rite of Confirmation
- Rite of Penance
- Pastoral Care of the Sick
- Rite of Marriage
- Order of Christian Funerals
- Holy Communion and Worship of the Eucharist outside Mass
- Book of Blessings
- Rite of Exorcism

Roman Pontifical

- Rites of Ordination
- Rite of Dedication of a Church and an Altar
- Rite of Confirmation
- Institution of Ministers
 - Institution of Readers
 - Institution of Acolytes
- Consecration to a life of virginity
- Rite of Religious Profession
- Blessing of Abbots or Abbesses
- Blessing of Objects & Places
 - Rite of Blessing of Oils, Rite of Consecrating the Chrism
- Order of Crowning an Image of the Blessed Virgin Mary

Divine Office

- Liturgy of the Hours – *Morning, Evening, and Night Prayer*

How To Pray The Rosary

Introduction

The purpose of the Rosary is to help keep in memory certain principal events or mysteries in the history of our salvation. There are twenty mysteries reflected upon in the Rosary, and these are divided into:

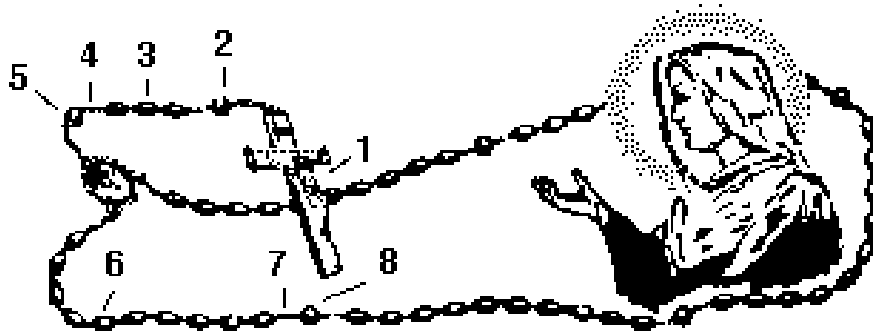
- **The five JOYFUL MYSTERIES**
 - The ANNUNCIATION
 - The VISITATION
 - The NATIVITY
 - The PRESENTATION
 - The FINDING OF JESUS IN THE TEMPLE

- **The five LUMINOUS MYSTERIES**
 - The BAPTISM OF JESUS IN THE JORDAN
 - The MARRIAGE OF CANA
 - The PROCLAMATION OF THE KINGDOM
 - The TRANSFIGURATION
 - The INSTITUTION OF THE EUCHARIST

- **The five SORROWFUL MYSTERIES**
 - The AGONY IN THE GARDEN
 - The SCOURGING AT THE PILLAR
 - The CROWNING WITH THORNS
 - The CARRYING OF THE CROSS
 - The CRUCIFIXION

- **The five GLORIOUS MYSTERIES**
 - The RESURRECTION
 - The ASCENSION OF JESUS INTO HEAVEN
 - The DESCENT OF THE HOLY SPIRIT
 - The ASSUMPTION OF MARY INTO HEAVEN
 - The CORONATION OF MARY IN HEAVEN

The Mechanics of the Rosary



1. Make the Sign of the Cross and say the "Apostles' Creed."
2. Say the "Our Father."
3. Say three "Hail Marys."
4. Say the "Glory be to the Father."
5. Announce the First Mystery; then say the "Our Father."
6. Say ten "Hail Marys," while meditating on the Mystery.
7. Say the "Glory be to the Father."
8. Announce the Second Mystery; then say the "Our Father." Repeat 6 and 7 and continue with Third, Fourth and Fifth Mysteries in the same manner.

After the Rosary:

HAIL, HOLY QUEEN, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray. O GOD, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord.
Amen.

The Apostles Creed

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord; Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell; the third day He arose again from the dead. He ascended into heaven, and sits at the right hand of God, the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body and life everlasting. **Amen.**

oOo